

# **P/PC IDENTIFICATION CHECKLIST**

**We Can Manage What We Can Identify**

# How To Use This Checklist

- It is important to have a balanced P/PC.
- This checklist is to help you list down what are the Ps that you may have been enjoying while at the same time, been neglecting to manage or care for, the PCs. Or vice versa,
- If it is your first time doing this, set aside about 30minutes and do not allow any room for distraction.
- Use as many sheets as you wish. Each sheet is for one category only.
- A sample sheet is provided for your reference.
- Focus on one category at a time.

\*Category: ~~Business/Health/Relationship/Property/Investment/~~Others ( \_\_\_\_\_ )

What Are The Ps That You Are Currently Enjoying?	What/Who are the PCs contributing those Ps	What Can You Do To Have A Balanced P/PC?
Shelter from weather, convenience, save travelling time, transport equipments with ease.	My car	Regular servicing. Vehicle inspection. Need to polish the exterior to prevent rust. Need to clean interior to prevent mould and insect infestation.
Surfing the net. Finding information, access to entertainment, speeds up work	My laptop	Daily cleaning. Weekly anti-virus scans,
Clean and refreshing bath	My bathroom	Scheduled cleaning for the floor tiles, wall, mirror, etc to prevent mould and fungi buildup.
<b>SAMPLE</b>		

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